

UNDER 2'S MENU –AUTUMN 1 - 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1					
Breakfast	Will be one of the following: Crumpets, Toast, Porridge, Rice Krispies, Cornflakes or Weetabix.				
Lunch	Vegetable Cheesy Pasta -Broccoli	Chicken Stew -Cauliflower	Spaghetti Bolognese -Carrots	Sweet and Sour chicken & noodles. -Baby sweetcorn	Cottage Pie - Little tomatoes
Desserts	Will be one of the following: fromage frais, Greek yogurt, sliced apple, mango, bananas, satsumas or melon				
Afternoon Tea	Picky Tea/Mixed Platter -Cucumber & Tomatoes	Sandwiches / Cheese/Ham in Wholemeal Bread -Cucumber/Tomatoes	Cheese Spread and tomato Wraps	Beans on Toast -Cucumber	Scrambled Egg on Toast -Peppers
WEEK 2					
Breakfast	Will be one of the following: Crumpets, Toast, Porridge, Rice Crispies, Cornflakes or Weetabix.				
Lunch	Cheesy Jacket Potato With either Tuna/Beans -Carrots	Sausage Casserole -Green Vegetables	Vegetable Chilli Con Carne & Rice -Peppers	Beef Stew -Broccoli	Mild Chicken Curry & Rice -Cauliflower
Desserts	Will be one of the following: fromage frais, Greek yogurt, sliced apple, mango, bananas, satsumas or melon				
Afternoon Tea	Cheesy Toast Fingers -Cucumber	Sardines on Toast -Carrot sticks	Sandwiches / cheese/ham in wholemeal bread -cucumber	Tuna mayonnaise with Rice Cakes -pepper	Picky tea/mixed platter -cucumber & tomatoes

Snacks

Morning Snack - Fresh fruit, vegetables or wholemeal toast or baked goods, served with a cup of milk or water
Afternoon snack - Fresh fruit or vegetable sticks served with a cup of milk or water

**** We follow NHS guidance and [Early Years Foundation Stage nutrition guidance - GOV.UK](#) when planning our menus.

****Individual dietary need, allergies and cultural requirements will be catered for. ****